

Larry Cogan Warrior Invitational
Friday, April 27th 2018

Coaches,

The 4th annual Larry Cogan Warrior Invitational welcomes you to the friendly confines of East Canton. **Due to the new school construction, we had to move from Carrollton this year but are thankful to East Canton for hosting the meet!** In this packet you will find a time schedule, guidelines and awards, as well as instructions on entering the meet through the Baumspage website. The entry fee is \$150 total for both the girls and boys teams.

Awards will be given to the top eight in each event, with medals going to the winners, and ribbons to the other scorers. Please be sure to use accurate times and distances, and understand that open lanes will be used if no times are entered. A MVP for the girls and boys will be awarded at the conclusion of the meet. The top 2 teams will receive trophies.

Scoring will be based on a 10-8-6-5-4-3-2-1 model. We will advance the top 8 times to finals - as we have a finishlynx system. We will allow two entries for each individual event - due to the 7 lane track at East Canton. We will send the top seven times to the finals in the hurdles, 100 and 200 and the next fastest time will be awarded 8th place. We will go back to 3 entries next year at Carrollton.

If you have any questions, feel free to contact me at the high school 330-627-2134 or my cell 330-488-4434.

Yours in Coaching,

Mike Aukerman

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Participating Teams

Canton Central Catholic

Canton South

Carrollton

East Canton

Edison

Fairless

Indian Creek

Louisville

Malvern

St. Thomas Aquinas

Sandy Valley

Tuscarawas Central Catholic

There were many state champion individuals and teams, state runner-ups, and All-Ohio athletes at the meet the last few years. State, county and school records have been broken. It is a great night to gear up for the postseason and have some great performances under the lights. Our facility is top-notch with a turf field to warm up on, and field events visible from the home stands. We try to put on a great events for you and your kids! They deserve it and this sport is especially all about the kids. I ask for your help in keeping kids out of areas that are exclusive to certain events. I want a relaxed and fun atmosphere for all but need to be cognizant of safety and meet maintenance as well.

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The entry window will be on baumspage.com It closes at 6pm on Thursday, April 26th. Entries must be done via baumspage. We will have a Finishlynx system with a camera and F.A.T. to provide fast, accurate results. \$150 Entry fee to be paid to Jason Eddy, Carrollton Athletic Director.

There will be a brief coaches meeting at 4:00pm in the shed down by the finish line. Smoke the Burger Joint and Jimmy BBQ will be provided for coaches and officials. The field events will begin promptly at 4:30pm. First call will be made at 4:15pm.

The semifinal running events will begin at 5:00pm. Finals of the running events will begin at approximately 6:45pm. This will be a rolling schedule as well - this is attached on the next page.

Long jump will be contested in an open pit format. Boys 4:30-5:30, finals at 5:45. Girls 6:15-7:15, finals at 7:30. Cutoff marks are 17 feet for boys and girls 13 feet. 1st legal jump will be marked for all.

We will use common implements in the shot put & discus. Each participant will get 3 throws in the shot put & discus, and there will be finals in these events to follow. Best throws will carry over. We will have mark cutoffs at 25 and 75 feet for girls, 35 and 100 for the boys. All 1st throws will be measured. Due to the new school construction the throws have been moved down along the entry road to the stadium.

Spikes are to be $\frac{1}{4}$ in length or less. We are requesting that there be no athletic tape or otherwise used on the track surface. If an athlete wants to mark steps etc., he/she will have to use chalk, sticks, etc. **NO ATHLETES WILL BE PERMITTED ON THE FOOTBALL PLAYING FIELD.** Areas will be marked off behind the end zone line. Regular starting blocks will be provided. Teams will use their own batons.

Buses are to park in the parking lot by the school.

Teams may set up their tents on the visitor side bleachers, as well as behind or beside the home bleachers in the grass.

Trophies will be awarded to the Team Champion, and the Runner-Up Team. Medals will be awarded for 1st place. Ribbons will be awarded to the 2nd-8th place finishers of each event. A Most Valuable Performer will be awarded at the conclusion of the meet to a girls and boys participant. Each head coach will vote in the press box at the conclusion of the meet.

Admission is \$6 for adults and \$4 for children. No charge for ages 3 and under. There will be a concession stand selling food and drinks for athletes, parents, etc. There will be a hospitality room for workers, officials, and coaches in the press box.

There will be Larry Cogan Warrior Invitational t-shirts sold before, during, and after the meet at the gate. These t-shirts will cost \$12.00. Results will be posted at the press box after each event and to baumspage following the meet.

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4:30PM Field Events (First Call at 4:15PM)

Boys Discus	(Girls to follow) Top 9 Back for Finals
Girls Shot Put	(Boys to follow) Top 9 Back for Finals *Wheeled athlete shot after the boy's
Girls High Jump	(Boys to follow)
Boys Long Jump	(Girls to follow) Open pit 4:30-5:30, top 9 to finals at 5:45. Girls open pit 6:15-7:15, finals at 7:30.
Boys Pole Vault	(Girls to follow) Boys opening height 8 feet, Girls 6 feet.

5:00 PM Preliminaries

Approx times (just to use as a benchmark for warmup times)

Girls 100 Meter Dash	approx 5:00
Boys 100 Meter Dash	approx 5:10
Girls 4 x 800M Relay (Finals)	approx 5:20
Boys 4 x 800M Relay (Finals)	approx 5:35
Girls 200 Meter Dash	approx 5:50
Boys 200 Meter Dash	approx 6:00
Girls 100 Meter Hurdles	approx 6:10
Boys 110 Meter Hurdles	approx 6:20

20 minute break after the finish of the High Hurdles prelims

Boys 110 Meter Hurdles	approx 6:45
Girls 100 Meter Hurdles	
Girls 100 Meter Dash	approx 6:55
Boys 100 Meter Dash	
Girls 4 x 200M Relay	approx 7:00
Boys 4 x 200M Relay	
Girls 1600 Meter Run	approx 7:15
Boys 1600 Meter Run	
Girls 4 x 100M Relay	approx 7:35
Boys 4 x 100M Relay	
Girls 400 Meter Dash	approx 7:45
Boys 400 Meter Dash	
Girls 300 Meter Hurdles	approx 8:05
Boys 300 Meter Hurdles	
Girls 800 Meter Run	approx 8:30
Boys 800 Meter Run	
Girls 200 Meter Dash	approx 8:45
Boys 200 Meter Dash	
Girls 3200 Meter Run	approx 8:55
Boys 3200 Meter Run	
Girls 4 x 400 M Relay	approx 9:30
Boys 4 x 400 M Relay	

Final # of heats will be determined when entries are received. Bullpen Clerk has the right to combine heats if the # of participants drop to allow it. Awards (approximately 15 minutes after last race) in the press box.